



TOURNOI FEMININ FIGHTINGFILMS DU PAS-DE-CALAIS



LENS
STADE LÉO LAGRANGÉ
DIM. 10
DECEMBRE

MATIN
BENJAMINES / MINIMES

APRES-MIDI
CADETTES / SENIORS (LABEL A)

*Un Judogi pour la vainqueur



62 Pas-de-Calais
Mon Département



AGENCE
NATIONALE
DU SPORT



Intermarché
LOOS EN GOHELLE



ELS
EVENEMENTS
LOCATIONS SERVICES

IESPRIT
DU JUDO
柔道の精神

REGULATION

The Pas-de-Calais Departmental Judo Committee organizes its Judo Women's Tournament on Sunday December 10, 2023, salle Léo Lagrange à LENS

Registration must be sent by post mail for people from abroad.

Registration fee: 10 euros which includes 1€ donated to
NO PAYMENT ON SITE PAYMENT BY IBAN
LIGUE CONTRE LE CANCER

Closing registration on wednesday decembre 06, 2023.

CATEGORIES

CADET AND SENIOR GIRLS 's TOURNAMENT :

CADET girls:

-40kg; -44kg; -48kg; -52kg; -57kg; -63kg; -70kg; +70kg.

SENIOR girls:

-48kg; -52kg; -57kg; -63kg; -70kg; -78kg; +78kg.

weigh-in and verification of the international federation affiliation will take place on the same day (December 10, 2023), (and December 09, between 4 pm and 5 pm)

WEIGH-IN :

- **The day before : no weigh-in tolerance + spot check the day of the tournament with 5% tolerance : 09/12/23 de 16h00 à 17h00**
- **The day of the tournament : 1kg tolerance**

- ARBITRATION

FFJDA arbitration rules.

The competition will take place in double draft tables on 8 mats.

Arbitration by referees and administrative officials.

1 coach for 4 athletes present.

- **Fight time: according to FFJDA rules.**

CONDITIONS of PARTICIPATION

CADET to SENIOR

* People from abroad must bring all justificatory to show that they are in good standing with their Federation which itself must be affiliated with the Judo International Federation, that they have at least 2 years of practice, that they are green belt minimum and that they are medically fit for the competition.

*No judoka will be allowed to participate if she can't prove she is affiliated to a Federation which is itself affiliated with the Judo International federation.

weigh-ins

Accreditations (Athlets/Coachs) and weigh-ins will take place in the room Salle Léo Lagrange (Saturday: 16h-17h or Sunday, December 04, 2022 see board below)

CADETTES (2007/2008/2009)	
CATEGORIES	-40 -44 -48 -52 -57 -63 -70 +70
PESÉES	13h30 – 14h15
SENIORS (à partir de 2006)	
CATEGORIES	-48 -52 -57 -63 -70 -78 +78
PESÉES	12h30 – 13h15

WEIGH-IN :

The day before : no weigh-in tolerance + spot check the day of the tournament with 5% tolerance : 09/12/23 from 16h to 17h

The day of the tournament : 1kg tolerance

Fighting time:

Cadets : 3minutes* (*excepted if there are official modification)

Seniors : 4 minutes

Rest time : 10 minutes

ATTENTION

NO REGISTRATION ON THE SPOT.

NO PAYEMENT ON THE SPOT

THE REWARDS

Medals and prizes* will be awarded to the entire podium

The committee will donate part of the financial rewards from the podiums to the "Fight against breast cancer" association.

***Value of the Podiums €250: Judogi for the winner / €50 voucher for the 2nd / Bag for the 3rd**

€10 voucher for each participant at Dojo62/59

TOURNOI LABEL FFJDA

FFJDA SPECIFICATIONS

Registrations via extranet 1 month before (Pôle Priority)

Female Athletes :

Regional, National, International and Pôle France / Pôle Espoir

Referees :

National level, Inter-regional level, Regional level

Sports commissioners:

National Level, Inter-Regional Level, Regional Level

Use of Federal Software

Setting up a room dedicated to weighing

Anti-doping control room

Announcement and display French English

8 official combat surfaces

RESULTS

The results and the list of participants will be sent within 8 days to the FFJDA.

The complete results will be available on the Pas-de-Calais website

<https://pas-de-calais-judo.ffjudo.com> <https://www.facebook.com/comitejudo62/>

RESTORATION

REFRESHMENT STALL for public

Welcome COACH

Room dedicated to the meals of Referees, Sports Stewards and Organizers

PRACTICAL INFORMATION

The Tournament place is 5 km from Lens train station ^[SEP]

The Tournament place is 20 km from Arras train station ^[SEP]

The Campanile Lens is 7km from the tournament place: Route de La Bassée 62300 Lens ^[SEP]

Phone: 03 21 28 82 82 www.campanile-lens.fr ^[SEP]

First class Hotel: 15km from the tournament place ^[SEP] 32 route Beaumont 62 950 Noyelles Godault

Phone: 08 92 70 70 47 www.premiereclasse.fr ^[SEP]

Formule 1 Hotel: 10 km from the tournament place ^[SEP] Boulevard Maréchal Leclerc 62300 Liévin ^[SEP]

Phone : 08 91 70 52 73 www.hotelformule1.com/Lievin

Registration form and payment must be sent to :

Rémy Blairy Conseiller Technique Fédéral
TOURNOI FEMININ FIGHTING FILMS
Pas-de-Calais Departmental Judo Committee
03 Rue de la Bastille
62210 AVION

RELEVÉ D'IDENTITÉ BANCAIRE Ce relevé est destiné à tout organisme souhaitant connaître vos références bancaires pour domicilier des virements ou des prélèvements sur votre compte



CR NORD DE FRANCE
AGENCE DE BULLY-LES-MINES
Tel. 0321080659 Fax. 0321299587

04/02/2022
00223

Intitulé du compte

ASSOC. COMITE DUPAS DE CALAIS
DE JUDO JU JITSU KENDO ET DISCIP
3 RUE DE LA BASTILLE
62210 AVION

Domiciliation

Code banque	Code guichet	Numéro de compte	Clé RIB
16706	00083	53937638538	20

IBAN FR76 1670 6000 8353 9376 3853 820
Code BIC (Bank identification code) - code SWIFT AGRIFRPP867