



TOURNOI FEMININ FIGHTINGFILMS DU PAS-DE-CALAIS



LENS
STADE LÉO LAGRANGE
DIM. 10
DECEMBRE

MATIN
BENJAMINES / MINIMES

APRES-MIDI
CADETTES / SENIORS (LABELA)

*Un Judogi pour la vainqueur



REGULATION

The Pas-de-Calais Departmental Judo Committee organizes its Judo Women's Tournament on Sunday December **10, 2023**

Registration by letter for strangers

Closing of registrations on wednesday on December 6, 2023.

NO REGISTRATION ON SITE

CATEGORIES

BENJAMINES AND MINIMES GIRLS TOURNAMENT:

BENJAMINES : -28, -32, -36, -40, -44, -48, -52, -57, -63, +63kgs.

MINIMES : -36, -40, -44, -48, -52, -57, -63, -70, +70kgs

CONDITIONS DE PARTICIPATION

Benjamines: Yellow and Orange belt minimum.

Minimes : Orange belt minimum

People from abroad must bring all justificatory to show that they are in good standing with their Federation which itself must be affiliated with the Judo International Federation, that they have at least 2 years of practice, that they are green belt minimum and that they are medically fit for the competition.

*no judoka will be allowed to participate if she can't prove she is affiliated to a Federation which is itself affiliated with the Judo International federation.

weigh-ins

weigh-in and verification of the international federation affiliation will take place on the same day (December 10, 2023), 200 gr tolerance

WEIGH-IN AND VERIFICATIONS

Vérifications and weigh-in are on the same day,
200 gr tolérance
NO REGISTRATION ON SITE

On Sunday December 10, 2023 :

MINIMES (2010/2011)	
CATEGORIES	-36-40 -44 -48 -52 -57 -63 -70 +70
Weigh in	8h00-8h45
BENJAMINES (2012/2013)	
CATEGORIES	-28 -32 -36 -40 -44 -48 -52 -57 -63 +63
Weigh in	9h30-10h15

Fighting time:

Duration of Benjamines randoris : 3 min

Duration of Benjamines randoris : 2 min

REWARDS

Medals and gifts* will be given to the entire podium
The committee will donate part of the financial rewards from the podiums to the association
“Fight against breast cancer”.

*Value of the Podiums €100

€10 voucher for each participant at Dojo62/59

PRACTICAL INFORMATION

- The Tournament place is 5 km from Lens train station
- The Tournament place is 20 km from Arras train station
- The Campanile Lens is 7km from the tournament place: Route de La Bassée 62300 Lens
Phone: 03 21 28 82 82 www.campanile-lens.fr
- First class Hotel: 15km from the tournament place: 32 route Beaumont 62 950 Noyelles
Godault
Phone: 08 92 70 70 47 www.premiereclasse.fr
- Formule 1 Hotel: 10 km from the tournament place Boulevard Maréchal Leclerc 62300
Liévin
Phone: 08 91 70 52 73 www.hotelformule1.com/Lievin



www.comite62judo.com

INFORMATION AND REGISTRATION

Registration form must be returned before December 06, 2023

REGISTRATION FORM

Weigh-ins will only be allowed for competitors who have validated their registration.

REGISTRATION

BENJAMINES / MINIMES

Registration form must be returned before December 06, 2023

Foreign Registration Form

Club :

Adress :Country :.....

Phone :Mail:

Person in charge :

Phone : Mail:

Number of competitors :

NAME	FIRST NAME	B/M	WEIGH	BELT/GRADE

TEATCHER OR PERSON IN CHARGE NAME and Signature

Registration form and payment must be sent to:

Rémy Blairy CTF
Pas-de-Calais Departmental Judo Committee
03 Rue de la Bastille
62210 AVION
Phone : 0685057685
Mail : contact@comite62judo.fr